



# Susan Plunkett's **Fabulous Foods, LLC.**

Rochester's Favorite Caterer for Weddings, Special Occasions  
Bar & Bat Mitzvahs, Corporate Catering and Much More!



## Picnic Menu

### MAIN DISHES

- Pasta Station with Choice of Three Pastas and Sauces: Vodka Sauce, Marinara, Pesto, Alfredo, Wine and Roasted Vegetables, Puttanesca
- Chicken or Eggplant Parmesan
- Beef Tenderloin with Mushroom Shallot Sauce with Choice of Vegetable and Potato
- Chicken or Artichokes French
- Ziti Casserole with Italian Sausage, Roasted Chicken and Pappadew Peppers
- Grilled Salmon with Lemon Butter
- Fish Tacos with Chipotle Cream, Cabbage, Sauces, Sour Crème and Tortillas
- Roasted Grouper with Roasted Tomato Pine Nut Topping
- Seasoned Strip Steak with Fried Onion Rings or French Fries
- Pan-Seared Cod with Mango or Pecan Butter
- Italian Sausage Kebabs Layered with Mushrooms, Peppers and Onions
- Pork and Pineapple Kebabs
- Marinated Citrus Scallops and Shrimp
- Grilled Garlicky Lamb Skewers with Tomato-Feta Relish
- Grilled Cornish Hen
- Grilled Chicken Thighs Italiano
- Lemon Chicken and Sautéed Vegetables over Penne Noodles with Vodka sauce
- Poached Salmon with Aioli and Grilled Asparagus
- Barbecue, Teriyaki or Lemon Chicken Breast
- Chicken or Beef Fajitas with Flour Tortillas and All the Trimmings
- Cedar Plank Grilled Salmon Steaks
- Lamb Sliders topped with Feta and Mint
- Pulled Pork or Beef Barbecue on Sesame rolls
- Marinated Flank Steak with Mushroom Sauce
- Grilled Assorted Flat Breads: Spinach and Cheese, Chicken Pesto, Buffalo Chicken, Mushroom and Fontina
- Buffalo or Barbecue Chicken Wings with Celery Sticks and Bleu Cheese
- Southern Fried Chicken with Fried Green Tomatoes
- Seafood Kebabs with Rice or Couscous Pilaf
- Blackened Fish over Orzo Pilaf



*Continued on next page*

## **PICNIC MENU - MAIN DISHES (continued)**

- Grilled County Style Pork Ribs with Chipotle BBQ sauce
- Hamburgers and Hot Dogs with All the Trimmings
- Mediterranean Turkey Burgers
- Grilled Yellow Tuna or Swordfish with Citrus Dressing and Sliced Mango
- Lamb Kebabs on a Bed of Saffron Rice
- Orange-Ginger Pork Chops over Spanish Rice
- Mushroom, Black Bean or Lentil Burgers
- Caesar Salad with Grilled Chicken, Shrimp or London Broil
- Bourbon Chicken with Roasted Vegetables
- Grilled Boneless Chicken with Choice of: Tequila-Orange, Barbecue, Teriyaki, Lemon-Pepper or Thai Marinades
- Tacos: Ground Beef with Choice of Toppings
- Marinated London Broil with Sautéed Mushrooms
- Beef, Chicken, Lamb, Pork or Vegetarian Kebobs Served with Rice Pilaf
- Grilled Salmon with Green Pepper and Tomato Relish over Couscous
- Kebab Stations: Shrimp, Beef, Lamb, Mediterranean Chicken , Korean Chicken, Barbecue Style, Argentina Style, Asian Style Served with Two Kinds of Pilaf and Coleslaw
- Grilled Cornell Chicken
- Grilled Beef Tenderloin Sandwiches with Horseradish Mayonnaise
- Marinated Pork Tenderloin with Mashed Potatoes and Choice of Vegetables
- Grilled Trout Almandine with Rice Pilaf and Sautéed Swiss Chard
- Lamb/Vegetables on Kebabs with Rice Pilaf
- Miniature Lamb Chops with Bulgur Wheat Pilaf and Grilled Vegetables
- Assorted Sandwiches: Buffalo Chicken, Roast Beef, Turkey, Grilled Vegetables
- Clam Bake: Steamed Clams, Barbecue Chicken, Salt Potatoes, Green Salad, Macaroni Salad, Corn and Baked Beans

## **SALADS**

- Marinated Grilled Vegetable Salad with Balsamic Vinaigrette
- Israeli Tomato Salad with Cucumbers, Peppers and Red Onion
- Marinated Potato and Green Bean Salad
- Sophisticated Macaroni Salad
- Mandarin Orange Salad with Romaine, Sautéed Almonds, Orange Slices, Green Onions
- Cold Sesame Noodle Salad with Diced Cucumbers, Sesame Seeds, Green Onions and Matchstick Carrots with Soy-Ginger Dressing
- White Bean Salad with Lemon and Olive Oil
- Pesto Pasta Salad
- Basmati Rice Salad with Cashews, Coconut and Curry Dressing
- 12 Green Salad with Strawberries with Homemade Poppy Seed Dressing
- Shrimp Salad
- Antipasto Platter
- Caesar Salad with Grilled Shrimp, Chicken or Steak
- House Salad
- Coney Coleslaw
- Pasta Primavera
- Fresh Fruit Platter
- Fresh Fruit Salad
- Carved Watermelon Boat
- Thai Beef Salad over Mixed Greens
- Green Beans with Roasted Peppers and Pine Nuts
- Spinach Salad topped with Sliced Eggs, Red Onions and Warm Bacon Dressing

*Continued on next page*

## **PICNIC MENU - SALADS (continued)**

- Wedge Salad with Bleu Cheese, Bacon and Ranch Dressing
- Frisée Salad topped with Goat Cheese and Oranges in an Almond-Orange Dressing
- Waldorf Chicken Salad
- Romaine Salad with Pine Nuts, Avocado and Potatoes topped with Citrus Vinaigrette
- Seared Tuna Salad on Mixed Asian Greens with Grapefruit Salsa

## **SIDES**

- Portabella Mushrooms with Balsamic glaze
- Roasted Vegetable Phyllo
- Grilled Polenta with Toppings
- Grilled Corn with Lime-Cilantro butter
- Sautéed Green Beans Almandine
- Deviled Eggs
- Potatoes Au Gratin
- Bourbon Style Bake Beans
- Potato Wedges with Garlic and Rosemary
- Roasted or Baked Potatoes
- Garlic Mashed Potatoes
- Sweet Potatoes with Maple Butter
- Corn Bread
- Corn on the Cob
- Marinated Roasted Vegetables
- Sautéed Greens and Beans with or without Sausage
- Macaroni and Cheese
- Black Beans and Rice

## **BEVERAGES**

- Assorted Soda
- Bottled Water
- Beer, Wine, Mixed Drinks
- Ice Coffee or Tea, Lemonade, Punch
- Sangria

## **DESSERTS**

- Assorted Cookies, Bars, Brownies, Cannolis, Cream Puffs, etc.
- Fresh Strawberry Shortcake
- Italian Pastries
- Assorted Pies
- Dessert Tray with Assorted Cookies, Bars and Brownies
- Assorted Tortes: Chocolate, Lemon, Raspberry Almond, Cheesecake and Carrot Cake
- Custom Cakes Professionally Decorated
- Baklava
- Coffee and Tea Bar

These menu ideas are just a start. There is no limit to the type of food we can offer. Please contact us so we can get together and discuss what you'd like. Once we get closer to your final menu, we can schedule a private tasting. We pride ourselves on creating a unique menu for your guests.

### **Susan Plunkett's Fabulous Foods, LLC**

*Rochester's Premiere Caterer for Weddings, Bar Mitzvahs and Corporate Events*  
**Contact Us Today For Events Your Guests will Rave About for Years!**

900 Jefferson Road Building 804, Rochester, NY 14623  
Phone: 585-427-2740 • Cell: 585-957-1133 • Email: [sjplunkett@gmail.com](mailto:sjplunkett@gmail.com)  
[www.SusanPlunkettsFabulousFoods.com](http://www.SusanPlunkettsFabulousFoods.com)